



LENT IS A TIME FOR  
PRAYER



## **Saints Peter and Paul Ukrainian Orthodox Church Bulletin**

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### **HOLY MYSTERIES**

**VISITATIONS OF THE SICK AND INFIRM** – If you are going into the hospital for any reason, please inform Father Stephen at the Rectory. Our hospitalization code for Christiana and Wilmington Hospitals is **UKR**.

**EMERGENCY CALLS** – Please call the Rectory anytime (day or night) in an Emergency!

**BAPTISMS** – Celebrated by appointment.

**CROWNING IN MARRIAGE** – Please discuss timing with Father prior to setting a date. At least six months notice is needed. There are three 2-hour courses that must be attended prior to the Wedding.

**BULLETIN DEADLINE** – The deadline for getting information printed in the Weekly Bulletin is Wednesday.

**SUNDAY COLLECTIONS** – For the Needs of the Parish; 2<sup>nd</sup> Youth Ministry

**March 22, 2026**  
**Volume 62: Number 12**  
**Schedule of Services and Activities**  
**Week of March 22 - 29, 2026**

Sunday, March 22 – 4th Sunday of the Fast - Tone 8 – St. John of the Ladder

8:30 AM – Confessions

9:10 AM – Prayers Preparation for Holy Communion

9:30 AM – Divine Liturgy for the Faithful

Coffee Hour

4:00 PM – St. John Chrysostom Albanian Orthodox Church

237 N. 17th Street, Philadelphia, PA

Tuesday, March 24

9:00 AM – Frying sauerkraut

Wednesday, March 25

9:00 AM – Divine Liturgy for Annunciation (St. Nicholas – Dover, DE)

6:00 PM – Community Lenten Service Aldersgate Methodist Church

Thursday, March 26

9:00 AM – Frying cabbage

10:00 AM – Akafist – Memorial (Holy Trinity – Whaleyville, MD.)

5:30 PM – Presanctified Liturgy (St. Nicholas – Dover, DE)

7:00 PM – Boy Scouts

Friday, March 27

8:00 AM – Soups

12:00 Noon – Set Up

1:00 PM – 5:00 PM – Bake Table Donations

6:00 PM – Presanctified Liturgy

Saturday, March 28

8:00 AM – Kitchen and Hall set up

10:00 AM – 3:00 PM – Spring Bazaar

Sunday, March 29 – 5th Sunday of the Fast - Tone 1 – St. Mary of Egypt

8:30 AM – Confessions

9:10 AM – Prayers Preparation for Holy Communion

9:30 AM – Divine Liturgy for the Faithful

Coffee Hour

4:00 PM – Sts. Peter and Paul (Here)

### SCRIPTURE READINGS

**4th Sunday of the Fast:** Matins: Matthew 28:16-20; Liturgy: Hebrews 6:13-20; Mark 9:17-31; St. John of the Ladder: Ephesians 5:9-19; Matthew 4:25-5:12

**Monday** – Genesis 13:12-28; Proverbs 14:27-15:4; Isaiah 37:33-38:6

**Tuesday** - Genesis 15:1-15; Proverbs 15:7-19; Isaiah 40:18-31

**Wednesday** - Genesis 17:1-9; Proverbs 15:20-16:9; Isaiah 41:4-14.

**Thursday** - Genesis 18:20-33; Proverbs 16:17-17:17; Isaiah 42:5-16

**Friday** - Genesis 22:1-18; Proverbs 17:17-18:5; Isaiah 45:11-17

**Saturday** - Hebrews 9:24-28; Mark 8:27-31; God-Bearer - Hebrews 9:1-7; Luke 10:38-42; 11:27-28

**5th Sunday of the Fast** - Matins John 20:11-18; Liturgy: Hebrews 9:11-14; Mark 10:32-45; **St. Mary of Egypt:** Galatians 3:23-29; Luke 7:36-50.

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### ARE WE CLIMBING THE LADDER OF PERFECTION?

On the 4th Sunday of Lent, the Church always honors the memory of St. John of the Ladder (Climacus) who was born about the year 525 and died in the in the year 606. He was a great teacher of religion. At the age of 16 he climbed up Mt. Sinai to offer himself to God as a living sacrifice. He lived 40 years in the service of god practicing self-mortification, abiding in the desolate wasteness of Sinai, praying, meditating and perfecting a method of sanctification.

He received his name from the well-known book of spiritual exercises which he wrote. The book was called **THE LADDER OF PERFECTION**, and contained 30 chapters for attaining the 30 steps of religious perfection. It was designed as a means for Christians to climb spiritually, as up a ladder, from earth to heaven.

In setting before us the example of such persons as St. John, the Church calls upon us to "Seek first the Kingdom of God" and then all that is necessary for our life will be granted unto us.

The Church, during Holy Lent, expects that we depart from the vanities of this world and seek in silence and contemplation the glory of Christ and eternity. It is so difficult for us to do so in this day of great activity and distraction. There is

always the radio, television, automobile and telephone. There are so many claims to our attention and our time.

But Lent **MUST** be different. We **MUST** attempt to follow in the footsteps of the warriors of God.

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### THE GOSPEL FOR TODAY

Suffering and glory are intertwined in Mark's Gospel. Jesus has just warned his disciples that he will lead them to the Cross; now, in a moment of glory on the mountaintop, he reveals the victory on the other side of that cross. Moses and Elijah appear with him to confirm that this Jesus is indeed the culmination of God's plan, the one toward whom both the law and the prophets had pointed.

Even after witnessing the Transfiguration, the three disciples do not fully understand what Jesus says to them or even how to respond to what they have seen (verses 6 and 10). Returning to the other disciples and the crowd that has gathered around them, Jesus meets even more evidence of unbelief and misunderstanding. The disciples have proved unable to exorcise a possessed boy. They are apparently confused and frustrated, the scribes have seized the opportunity to start another argument, and the poor man who brought his son for healing is ready to give up.

If Jesus had waited to be born until all humanity, or even his chosen disciples, were able to reach perfect understanding and faith in him, the world would still be awaiting its Savior. But as the conclusion of the story makes clear, Jesus is not bound by our imperfect response. "I do believe," cries the father, "Help my lack of belief." That is enough for Jesus.

For reflection: Is my faith weak or uncertain at times? Have I experienced moments of total assurance and confidence in God followed by intense doubts and questioning? How does today's reading speak to me?

Prayer starter: Lord, I wish I could always stay on the "mountaintops" where I experience your presence and feel spiritually on fire. But I need you most in my valleys of doubt and unbelief. Be with me there.

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Why could we not cast it out", his disciples asked their master in shame. We also must ask why can't we cast this spirit out from our lives and our children's lives?

Brethren, because as our Lord tells us "This kind can come out by nothing except prayer and fasting". This is the key to contrite repentance. this twofold formula which treads on the head of this serpent of old and yields our first step towards heaven --- contrite repentance.

It is no coincidence then that the first and second steps of Saint John's 30 chapter book **"THE LADDER - (OF DIVINE ASCENT)"** are concerned with the renunciation of this life, this world we live in and detachment from all it's pleasures. We honor Saint John of the Ladder today as a great Saint of our church who reminds us that going to heaven is not as easy as getting into an elevator and pressing a button. On the contrary, it is a long and hazardous climb which is impossible to scale fully unless we beseech God for assistance. May God grant us all fullness of faith, peace and joy on our climb to heaven --- Amen.

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#### **FOURTH SUNDAY OF THE GREAT FAST**

How often as children we said, "I promise," only to have the other person say, "Cross your heart." The exchange continued, "I cross my heart and hope to die!" In retrospect this is certainly a frightful thing to say, considering the ease with which promises are made and then broken — not only by children, but by adults as well.

In this regard, consider for a moment the promises made at marriage: a solemn oath before God and the believing community. Yet time and again that promise is gone back on, not merely by formal divorce, but more insidiously by the divorce of minds, hearts and bodies, while the married partners continue to live together in quiet desperation. Broken promises lead to broken lives.

How heartening then when today's epistle speaks of a promise that is certain and sure; a promise that will not — indeed cannot— be gone back on; a promise that is eternal and everlasting. So sure and safe is this promise of God, that the author of Hebrews urges us to anchor our very souls on this pledge given to us by God in Jesus Christ. Not only is the promise made to us in and through Jesus, but Jesus Himself is that pledge and promise. In Him we see that God's pledge has been maintained and the Father's promise has been fulfilled, for the Eternal Word is alive in our midst! Our Father has kept His word and now His Word is keeping us safe unto eternity. For the Divine Word, Jesus Christ, has gone before us, tearing asunder the veil that once separated us from our Father.

## THE FOURTH SUNDAY OF LENT

by Kosmas Damianides



Dear Brothers and Sisters in Christ,

How much it must grieve a father or a mother to see his or her child suffering without reason. To undergo pain and confusion -- for what? Where is God in our plight -- we may often ask ourselves. Where is God in all this pain and confusion?

Today we arrive at the fourth week of Lent. In today's Gospel reading we heard of a father who was on his last hope. His son was possessed by a certain spirit from childhood, which was causing his son pain and confusion. Not even Jesus' disciples could cure the boy. He brought his son to Jesus, who upon hearing of the father's plight became exceedingly upset at the whole crowd and expressed these strong and direct words "Oh you faithless generation, how much longer must I be with you? How much longer must I put up with you." The Child was immediately brought close to Jesus and the spirit convulsed him instantly. As we know the child was eventually healed. But at what price one may ask? The father accepted and confessed his unbelief and beseeched God with tears to make his faith complete? This is the price, the fulfillment of our faith --- paid by Christ himself yet we must pray and beseech Him as well.

It is perhaps important to stress here that this miracle account nowhere refers to the spirit by any title such as demon, or devil. It is perhaps because this spirit is in reference to the spirit of this world, the enemy of Christ. It is the spirit of this generation well rooted in society, it is passed on to our children like a virus. Brethren remember these words well --- it is the spirit of this generation which throws our youth about like the child with the spirit we heard earlier today. It smashes them to the ground, it throws them into the fire to be burnt, it throws them into the water to be drowned --- today its drugs, alcohol, gambling, anything to distort the image and likeness of God, within them.

This spirit has a very old history going way back to primordial Man, Adam and Eve. It is firmly established and can not come out by anything -- except, as our Lord instructed Moses, as our Lord instructed his disciples, as our Lord instructs us today, by beseeching God through prayer and fasting.

How filled with faith must the expression "Cross your heart" have been when it was first used. It is saying, "Put Christ's Cross on your heart to prove your promise, just as the Fourth Sunday of Lent Christ Himself on the Cross made real all the promises of His Father!" That is why in the Liturgical Hours during Lent, the Great Fast, we can pray, "Your Cross has become the scale, the balance beam, of righteousness . . . On the Cross You stretched out Your arms in an embrace for all the world . . . Christ-God, You nailed Adam's sin to the Cross . . ." Yes, with the nailing of Adam's sin to the Cross, the primal curse has been undone and the Eternal Promise has been gloriously made manifest before all the world.

The reading from the Gospel presents to us a beginning of this undoing of the ancient curse. For in the Gospel story we see the healing power of God breaking through to bind up a broken life. We see the wondrous grace of our Father filling another father's heart with faith and trust. We see the Son of God defeating the power of evil in the life of another son of God. But before soothing health returns, before divine grace works, before Satan is routed, Jesus asks, "Do you trust [My Father's promise]?" The anguished father, for the sake of his son, cries out to the Father through His Son, "Oh, yes, I trust; yes, I believe. Help me to believe even more!" Then Jesus, the Father's promise-made-real, keeps His Father's pledge to us and raises the young boy up to a life of health and sanity



## PASTOR'S CORNER

### The Holy Mystery of Confession

**Q. We have been talking a lot about Confession lately. My question is: are the only sins that we commit against the Ten Commandments or are there others?**

The Ten Commandments are naturally a good, moral base for us to start looking at our lives realistically. But, I'm sure that you know there is a lot more to consider. How many times as a priest have I heard, "I don't go to confession, Father, because I haven't killed anyone or I haven't stolen anything"...and yet we continue in our lives to "murder" people by slander and gossip and in the same way we "steal" their good reputation by our words and actions? There is more to sin than just the letter of the law: murder and stealing. There is the real aspect

that when we do not live up to the two commandments of love: loving God and loving neighbor, that we have failed by missing the mark of the way a Christian is supposed to live. That is what the Greek word "hamartia" means: "missing the mark" - that we translate as "sin".

But I think that there is a whole series of sin that we do not think about. We look at the sins that we commit - but we fail to look at the sins of omission that we commit. The sins of omission would be failing to do what we know that we are supposed to do: sins of indifference to others; sins of wasting time that could have been spent on building up our Spiritual foundations, etc.

There is actually a Service for the Holy Mystery of Confession. In it, there are some petitions that help us to examine our conscience: "You detest those who worship false gods. But there were times when we gave ourselves to self-indulgence, and to money, and to escape from responsibility.... There were times when we grieved Your Holy Spirit with Whom we were sealed for the day of redemption, when we were blind to Your wonders, when we were deaf to Your Word, when we preferred ignorance to discerning Your will.... There were times when we were discouraged by our trials and pain, disheartened by evil like people without hope, when we did not pray as we ought, when we did not trust in You as the Lord Jesus commands.... There were times when we were careless, thoughtless and indifferent, when we missed opportunities, when we squandered time... There were times when we wronged our neighbor, when we did not treat others the way we would have them treat us, when we knew the right thing to do and did not do it.... There were times when we lacked compassion and generosity, times when we were slow to understand and forgive, but quick to judge and condemn. We profess faith without practicing it.... There were times when we were angry but fell into sin, times when we nursed feelings of resentment and revenge, when we bore grudges... There were times when we said things we regret, when we told lies, when we did not control our tongues. Blessing and curse come out of the same mouth. And there were times when we broke promises, when we failed to honor our word... There were times when we were unfair, times when we condoned injustice, times when we did not stand up for what is right.... There were times when we were selfish and small, times when we were jealous, quarrelsome and disagreeable.... There were times when we were vain and self-important, disrespectful, times when we were conceited, provocative and envious. We have sinned against You, Lord. We pray You, hear us and have mercy!

In another service there are other petitions for the examination of our consciences: If I have placed too high a priority on myself, allowed superstition to rule my life, made an idol of any person or thing...If I have thought cruelly of others, wished them harm, hated or been envious or jealous of others...If I have had immoral thoughts or desires or committed immoral acts...If I have not trusted in Christ's love for me or if I have forgotten or ignored human dignity and have not been fair in seeing the views of others...If I have not loved God with all my soul or if I have neglected the Sacraments or the Fasts and Feast days of the Church...If I have not respected the Lord, His Church or the leaders of His Church; or if I have not repented when I knew I was wrong...If I have not attended Church regularly or neglected my duties to God and if I have not prepared properly for holy Communion....If I have not reflected the image of Christ, loved my neighbor, prayed, fasted or read the Word of God or stood firm in my faith and belief in Christ, His teachings or His Church...If I have over indulged in food or drink, harmed others or their possessions, committed immoral acts, used drugs harmful to my body....If I have forgotten that the body is the Temple of the Holy Spirit or destroyed animals unnecessarily, or if I have read or watched immoral books, movies or television shows...If I have allowed outside distractions to interfere with my worship, damage my faith or the faith of my fellow man; and if I have not been a good example as a "Follower of Christ"...If I have gossiped or listened to gossip or hurt others by my silence; if I have taken things which did not belong to me or if I have loved money....If I have spread rumors, led others to sin, or participated in or approved the sins of others and if I have gambled obsessively...If I have shown disrespect for my parents by deed or thought, if I have lied or forgotten that Sunday is a day of rest and for holiness and worship...If I have not been a good spouse, honest, patient, forgiving as Christ is, understanding, kind, loving, trustworthy or a good child or parent...For all the sins which I may have committed, by thought, word or deed, known or unknown! Lord, have mercy!

We must look at ourselves realistically and not with "rose colored glasses". Let us work on our faults and our failings. Let us go to Confession to receive Christ's love and forgiveness. Let us be the Christians that we are called to be!

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### **ANNOUNCEMENTS**

**A VERY HAPPY BIRTHDAY** - is expressed to Tijana Beaudan, 3/23 & Ian Kaliakin, 3/26. May God grant them a very happy birthday and keep them for many, happy and blessed years!

**GOOD FRIDAY – PASKA SIGN UP SHEET** – is in the back of the Church. Please make plans to give up an hour to be at the Tomb of Our Lord!!

## **CLEANING OF THE CHURCH MINISTRY SCHEDULE**

Week of March 23 - Michael Tilson & Linda Hnatow, Irene Maskaly

Week of March 30 - Mark & Laura Andreas

Week of April 6 - Earle and Jennifer Robinson

Week of April 13 - Thomas and Lynn Sulpizi

Week of April 20 - Nancy Hlywiak, Jean Roeth, Zina Twardus

Week of April 27 - John Plachuta and David Lazaration

Week of May 4 - Earle and Jennifer Robinson

## **MEETINGS**

**Parish Board** - Tuesday, April 14 @ 6:30 PM

**SCHEDULING FOR THE PARISH** - Please remember that all events, work parties, use of the hall must be cleared through the calendar kept by Father Stephen so that dueling events can be avoided.

## **READERS MINISTRY SCHEDULE**

March 22 - Thomas Scholz

March 29 - Andrew Duncan

April 5 - Pani Elizabeth Hutnick

April 12 - Thomas Sulpizi

April 19 - John Plachuta

April 26 - Linda Hnatow

May 3 - Jean Roeth

## **CALENDER OF EVENTS - 2026**

Saturday, March 28 - Spring Bazaar

Sunday, April 5 - Palm Sunday - Easter Egg Hunt

Sunday, April 12 - Resurrection of the Lord

Sunday, April 19 - St. Thomas Sunday - Visiting Cemeteries

Sunday May 10 - Mother's Day Dinner

Sunday, May 31 - Pentecost

Monday, June 8 - Apostle' Fast

Saturday, June 13 - Hall Rented

Sunday, June 21 - Father's Day Dinner

Sunday, July 12 - Feast of Sts. Peter and Paul - Patronal Dinner

Saturday, August 1 - UOL Flea Market

Saturday, November 7 - Fall Bazaar

Saturday, November 28 - St. Philip Fast

Sunday, December 20 - UOL Cookie Sale

## **DONATIONS FOR FLOWERS FOR PASCHA**

We shall be taking donations to help pay for the flowers that we ordered to decorate the Tomb for Good Friday and the Church for Pascha. You can donate in memory of a loved one or for the health of a loved one(s). If you are interested, donation per flower is \$15. Please fill out a form and give them to Linda Hnatow. Thanks.

**EASTER EGG HUNT** – will take place for our youth on Sunday, April 5<sup>th</sup> after the Divine Liturgy. Please register with Pani Elizabeth. Thanks.

**NATIONAL UOL LENTEN RETREAT** - March 28, 2026 Retreat will focus Communion and the Communion prayers. Location: Basilian Spirituality Center, 710 Fox Chase Rd, Jenkintown, PA 19046 Retreat registration: \$45 for adults (early bird rate) - \$55 after 3/15/26 \$35 for adolescents (aged 13 to 18) -\$45 after 3/15/26 Free for children 7 to 12- \$25 after 3/15/26 Registration includes breakfast, lunch and snacks. For more information contact: Oleh or Natalie at nsufler@aol.com call – 610-892-7315

## **MINISTRY SCHEDULE**

(Please find a substitute if you cannot make a given week)

March 15 – Matthew Andreas and Victor Kaliakin

March 22 – Matthew Andreas and Victor Kaliakin

March 29 – Sonya Patronik and John Plachuta

April 5 – Sonya Patronik and John Plachuta

April 12 – Linda Hnatow and Matthew Andreas

April 19 – Linda Hnatow and Matthew Andreas

April 26 – Victor Kaliakin and Sonya Patronik

May 3 – Victor Kaliakin and Sonya Patroniik

## **BAZAAR NEWS**

**DONATIONS NEEDED FOR THE BAZAAR** – Some of the things needed are Diet Coke and Sprite products, cases of water, paper products and dishwashing detergent.

**CALLING ALL BAKERS** – we always rely on your tasty treats that you donate to the Bake Table. Again, we ask for your sweet donations. Any questions call Andrea. (302) 439-4899.

**100th ANNIVRSARY** – will be held on Saturday, July 17th, 2027 with a 10:00 AM – Hierarchical Divine Liturgy with a Banquet at the Claymont Ballroom. Mark your calendars! Our first fund Raiser for the event is the sale of T-shirts (\$10) polo shirts (\$15 ) and sweat shirts (\$20) with the Anniversary Logo on them thanks to the art and stitching work of Michael Kapelus.

**GREETER MINISTRY SCHEDULE**

March 22 - David and Eve Lazaration

March 29 - Sandy Cramer

April 5 - Sonya Patronik

**April 12 - Zina Twardus and Nancy Tur**

**COMMUNITY LENTEN SERVICES**

Wednesday, March 25 – Aldersgate Methodist Church

**ORTHODOX CLERGY BROTHERHOOD SERVICES (4:00 PM)**

**March 22 – St. John Chrysostom Albanian Orthodox Church**

237 N. 17th Street, Philadelphia, PA

**March 29 – Sts. Peter and Paul Ukrainian Orthodox Church**

1406 Philadelphia Pike, Wilmington, DE

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**PASKA ORDER FORM – ORDER BY MARCH 29**

\_\_\_\_\_ Small Round (\$8) \_\_\_\_\_ Large Round (\$12) \_\_\_\_\_ Butter Lamb (\$5)

Name \_\_\_\_\_

( ) With Raisins

( ) Without Raisins

**Please give to Father Stephen or Kathy Duncan with payment March 29**

**Paskas will be ready for pickup on Palm Sunday, April 5**

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**PLEASE REMEMBER TO PRAY FOR THOSE WHO ARE ILL** – Metropolitan Antony, Archbishop Daniel, Archimandrite Raphael, Father George Bazylevsky, Father Vasyl Dovhan, Father Oleh Hucul, Father Andrew Molewski, Father Anthony Ugolnik, Father James Weremedic, Father Volodymyr Wronskyj, Matushka Andrejuk, Matushka Laura Odell, Matushka Lisa Weremedic, Pani Matka Oksanna Bazylevsky, Pani Matka Maryann Ozlanski, Jonathan Angelo, Colby Atkinson, Shannon Austin, Joyce Belles, Joyce Bendoakas, Ethel Bernhard, Irene Billon, James Bolton, Maria Borowenski, Betty Bosland, Becky Bosley, Angie Brengle, Paul Brengle, Patricia Bringle, Richard Bringle, John Brick, Fedir Bukacz, Christine Cain, Mark Cello, Erik Colazo, Alex Czernik, Sharon Dalaski, Stephen Dalecki, David Dalldorf, Taylor Davis, Peter DiVirgilio, James Dudrick, Kathleen Dugan, Mary Eagleton, Maria Economou, Rose Eldridge, Archantula Fanjoy, Mary Farrell, Kandi Fullerton, James Garrett, Lisa Gee, Peter Glenn, Ivan Golovnioy, Kathleen Gortva, Staci Gray, Charles Gunther, David Hamilton, Richard Haslam, Rick Hastings, Victoria Herrschaft, Carla Hitchings, Greg Hitchings, Alicia Hlywak, John Hlywak, Nancy Hlywiak, Daniel Holoviak, Jennifer Huertes, Serhii Ivashyna, Violet Jaskolka, Stephen Johnson, Bill Jones, Linda Josepinson, Michael Kapelus, Walter Katolik, Diane Keyser, Wendy Klinedinst, Tommy Knight, Judith Kocinski, Lorissa Kozakova, Francis Lano, Ed Lavender, Ron Lazaration, Joan Libera, Karen Livick, Sara Long, Charles Lontor, Alla Lysenko, Jeremy Madea, Andrew Makolynyk, Jean Marano, Frederick McCarthy, Fred McKirachan, Stephen McNulty, Ronald Michel, Mary Ann Michalcewicz, Michelle Michalcewiz, Lisa Miller, Matthew Miller, Mary Elizabeth Moran, Barry Morris, Elsie Moroz, Karen Needham, Julie Neff, Ann Nester, Rick Orner, Sienna Ozboya, Betty Painter, Anastasios Pantelopulos, Anthony Pantelopulos, Daphne Pantelopulos, George Pantelopulos, Linda Phillips, Joseph Pierson, Barry Pinkowicz, Janilyn Pinkowicz, Bernice Pinkowicz, Joseph Porini, Robert Powers, Joanne Procak, Joseph Ptak, Carol Purse, Chuck Redden, Patricia Redden, Sharon Reigh, Christopher Riehl, Sandy Roeder, Arlene Roginski, Wyatt Roland, Andrea Roman, Jeff Rozwadowski, Glenn Runyan, Carol Rusk, Richard Scharba, Isaac Schmidt, Clay Seman, John Serth, Larissa Sth, Dawn Sheets, Justin Sheets, Emily Smitheman, Georgie Smolyar, Alexandra Sparco, Natalia Stanford, Rich Steinman, Cynthia Stepovij, Nicholas Stepovij, Joseph Stevens, Noel Strobino, Charles Joseph Sweeney, Evelyn Synczyszyn, Michael Synczyszyn, Pavlo Tabak, Nicholas Taylor, Sue Taylor, Elenora Thomas, Brysen Tomei, Dominic Tomei, Mark Tomei, Violet Tomei, Aria Tonner, Mariel Trimble, Martha Vignali, Jack Vognetz, Margaret Vognetz, Marilyn Wagner, Olena Wasylevska, James Watts, Chris Way, Leah Way, Barbara Weeks, Laura Worley, Jack Ziegler & James Zook

## OUR HOLY WEEK AND PASKA SCHEDULE

### **Sunday, April 5 – Palm Sunday**

8:30 AM – Confessions  
9:15 AM – Hours  
9:30 AM - Divine Liturgy for the Faithful  
Coffee Hour – Easter Egg Hunt  
5:00 PM – Lenten Vespers

### **Holy and Great Monday – April 6**

**Sts. Peter and Paul**  
7:00 AM – Matins  
6:00 PM – Presanctified Liturgy

### **Holy and Great Tuesday – April 7**

**Annunciation - Sts. Peter and Paul**  
7:00 AM – Matins  
6:00 PM – Vespers/Liturgy St. John

### **Holy and Great Wednesday – April 8**

**Sts. Peter and Paul**  
7:00 AM – Matins  
8:00 AM – Presanctified Liturgy  
**St. Nicholas – Dover, DE**  
2:00 PM – Anointing of the Sick  
**Sts. Peter and Paul**  
7:00 PM – Anointing of the Sick

### **Holy and Great Thursday – April 9**

7:00 AM – Matins  
7:30 AM – Vespers/Liturgy of St. Basil  
6:00 PM – 12 Gospels

### **Holy and Great Friday – April 10**

**Saints Peter and Paul**  
8:00 AM – Royal Hours  
**Holy Trinity – Whaleyville, MD**  
1:00 PM – Vespers/Shroud  
**St. Nicholas – Dover, DE**  
4:00 PM – Vespers/Shroud  
**Sts. Peter and Paul**  
7:00 PM – Vespers/Shroud  
9:00 PM – Jerusalem Matins

### **Holy & Great Saturday – April 11**

**Saints Peter and Paul**  
8:00 AM – Vesper/Liturgy St. Basil  
**Holy Trinity - Whaleyville**  
4:00 PM – Service at the Tomb -  
Resurrection Matins Liturgy  
Bless Baskets  
**Sts. Peter and Paul**  
11:00 PM – Service at the Tomb  
Resurrection Matins

### **Sunday, May April 12**

**Resurrection of Our Lord**  
12 Midnite – Divine Liturgy  
Bless Baskets – Coffee Hour  
**St. Nicholas**  
8:00 AM – Resurrection Matins  
Divine Liturgy – Bless Baskets  
**Saints Peter and Paul**  
10:00 AM Divine Liturgy –  
Agape Vespers  
Bless Baskets – Coffee Hour

## A "RECIPE" FOR A SUCCESSFUL PRAYER LIFE

**W**hile Great Lent is often looked upon as being a time of increased prayer, it must be pointed out that prayer is ALWAYS an essential element in our spiritual lives. What is prayer? By definition, it is "communion with God." Prayer can take several forms. There are prayers of thanksgiving, prayers of worship & prayers of petition.

The power of prayer cannot be matched by any other force. When the Apostles questioned Christ concerning why they could not cast out a demon that was possessing a young boy, the Lord responded that such things could only be accomplished through PRAYER & FASTING. On another occasion, Jesus had this to say about prayer: "Therefore I say to you, whatever things you ask for when you pray, believe that you will receive them, & you will have them."

There are several key ingredients to a successful prayer life. First, we must pray with FAITH. We must certainly believe that God CAN help us & answer our prayers.

Next, we must pray PERSISTENTLY. How impatient we are with our prayers! We must learn not to give up if our prayers are not answered immediately. Remember the Canaanite woman, who relentlessly pursued the Lord until He granted her request? She would not take "no" for an answer!

Finally, we must pray with HUMILITY. We must never forget that God is our FATHER & we are His CHILDREN. He is the MASTER & we are the SERVANT. Surely, Christ's own example while praying in the Garden of Gethsemane should indelibly mark this in our mind. What were His words? NOT MY WILL, BUT THINE BE DONE! Rest assured that the Lord hears all of our prayers. May this intimate conversation with God be an important part of every day for us.